



WHAT DOES IT MEAN TO BE TRAUMA-INFORMED?

For Courage Ranch, it means following these principles:

- Safety
- Trustworthiness and transparency
- Peer support
- Collaboration and mutuality
- Empowerment, voice, and choice
- Cultural, historical, and gender issues

MISSION

Providing a safe space for clients to find hope, belonging, and connection.

SERVICE PHILOSOPHY

All services provided at Courage Ranch will be trauma informed. Clinical services will include:

- Screening for trauma and related symptoms;
- Using culturally and linguistically appropriate assessment and treatment;
- Making resources available to children, families, and providers on trauma exposure, its impact, and treatment;
- All staff will be trained in Trauma Informed care.
- Engage in efforts to strengthen the resilience and protective factors of children and families impacted by and vulnerable to trauma;
- Address parent and caretaker trauma and its impact on the family system;
- Emphasize continuity of care and collaboration with community providers;
- Maintain an environment of care and provide access to needed services for staff that address, minimize, and treat secondary trauma and that increase staff resilience.